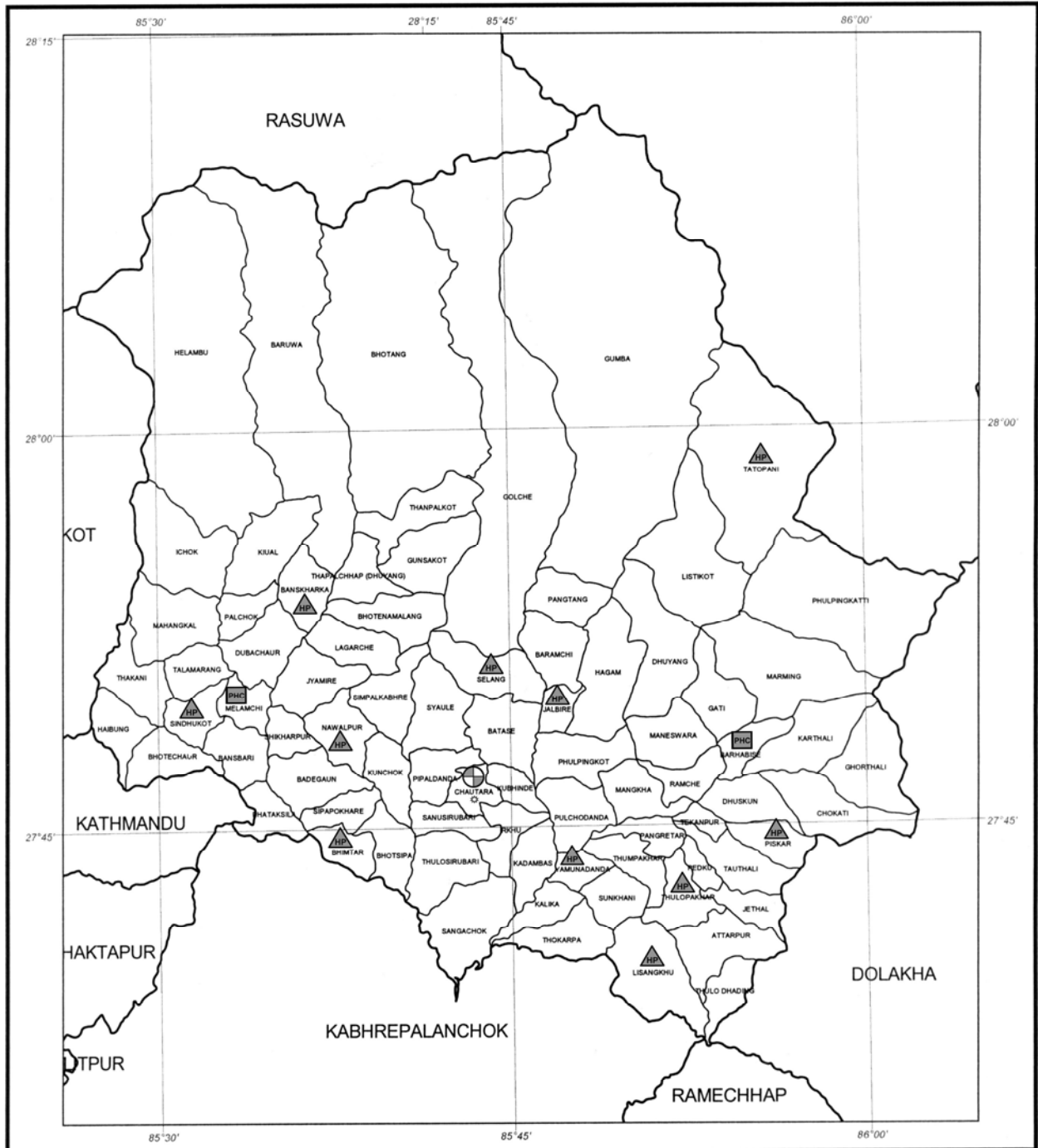


SINDHUPALCHOK DISTRICT

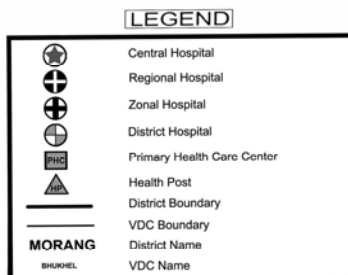
ZONE : BAGMATI

Number of VDCs/Municipalities : 80/0



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SCALE 1 : 400000



8000 0 8000 16000 Meters

Map compiled from National Topographic Database at scale 1:100 000. Internal administrative boundaries are not demarcated on the ground. Map produced by the Survey Department, National Geographic Information Infrastructure Project, (NGIIP). Kathmandu, 2005

Health facilities in the district:
 Central / Regional / Zonal Hospital - 0
 District Hospital - 1
 PHCC - 2 ; HP-11

LOCATION MAP



DISTRICT : SINDHUPALCHOK

Selected demographic and health indicators

Demography		1991	2001	Source
Total population		261,025	293,719	CBS
Male		131,523	146,341	CBS
Female		129,502	147,378	CBS
0-4 years		43,317	33,036	CBS
5-9 years		35,143	41,485	CBS
10-14 years		29,387	40,202	CBS
15-49 years		117,072	134,975	CBS
50-59 years		17,471	19,432	CBS
60 + years		18,634	24,589	CBS
Population growth rate	%	NA	1.6	CBS
Total households		51,291	60,452	CBS
Average household size		5.1	5.1	CBS
Urban population	%	NA	NA	CBS
Adolescent population (10-19 years)		54,863	70,127	CBS
Female population of reproductive age (15-49 years)		59,267	68,740	CBS
Singulate mean age at marriage of female (years)		18.0	19.3	CBS
Disabled population (male/female)	No.		2001	Source
Physical			215/260	CBS
Blind			51/114	CBS
Deaf			226/233	CBS
Mental			79/86	CBS
Multiple			48/67	CBS
Major caste/ethnicity	%		2001	Source
Brahman/Chhetri Group			30.71	CBS
Advanced Group			11.56	CBS
Marginalized Group			33.49	CBS
Highly Marginalized Group			4.20	CBS
Disadvantaged Group			8.64	CBS
Endangered Group			0.01	CBS
Dalit Group			7.06	CBS
Unidentified Group			0.49	CBS
Others			3.84	CBS
Religion	%	1991	2001	Source
Hinduism		63.7	62.5	CBS
Buddhism		36.1	37.0	CBS
Islam		0.0	0.0	CBS
Others		0.2	0.4	CBS
Human development		1996	2001	Source
Life expectancy at birth	Yrs	56.0	60.0	NHDR
Male		56.0	58.9	NHDR
Female		53.8	61.2	NHDR
Literacy rate of 6 yrs +	%	29.7	40.6	CBS
Male		44.1	51.8	CBS
Female		15.0	29.5	CBS
Adult literacy rate of 15 yrs +	%	21.2	31.0	NHDR
Male		35.2	43.8	NHDR
Female		8.0	18.5	NHDR
Infant mortality rate	Per 1,000 live births	NA	73.2	NHDR
Social empowerment index (SEI)		NA	0.331	NHDR
Human development index (HDI)		0.277	0.414	NHDR
Human poverty index (HPI)		NA	51.100	NHDR
Gender empowerment measure (GEM)		0.158	0.331	NHDR
Gross domestic product	PPP US\$	1,016	1,194	NHDR
Per capita income	US\$	NA	219	NHDR

Sindhupalchok District Profile

Health facility		2002	Source		
Number of hospitals		1	LMIS		
Number of primary health care centres		2	LMIS		
Number of health posts		11	LMIS		
Number of sub health posts		65	LMIS		
Number of ayurvedic health facilities		6	LMIS		
Number of pharmacies		35	INRUD		
Human resources for health		2002	Source		
Number of doctors		5	HuRDIS		
Number of nurses		93	HuRDIS		
Number of para-medicals		111	HuRDIS		
Health worker population ratio		in '000 population	2002	Source	
Doctor population ratio			58.7	HuRDIS	
Nurse population ratio			3.2	HuRDIS	
Para-medicals population ratio			2.6	HuRDIS	
Sanitation and drinking water		2001	Source		
Population with access to toilet		44.7	NHDR		
Population with access to safe drinking water		81.5	NHDR		
Child health		1999	2004	Source	
Incidence of ARI among U5 children	Per 1,000 population	157	261	DoHS	
Incidence of diarrhoea among U5 children	Per 1,000 population	179	228	DoHS	
Percent of malnourished U3 children (Weight/Age)		21.6	10.4	DoHS	
Chronic malnourishment among U5 children (Stunting)		NA	62.2	NHDR	
Immunization		1999	2004	Source	
Estimated number of infant population		9,155	9,710	DoHS	
Percent of BCG coverage (< 1 yr)		81.7	83.8	DoHS	
Percent of DPT 3 coverage (< 1 yr)		74.1	85.0	DoHS	
Percent of Polio 3 coverage (< 1 yr)		74.3	84.8	DoHS	
Percent of Measles coverage (< 1 yr)		74.5	79.7	DoHS	
Maternal health		1999	2004	Source	
Expected pregnancies		12,432	13,511	DoHS	
Percent of 4 ANC visits among first visits		NA	45.2	DoHS	
Percent of delivery by health workers (as % of expected pregnancy)		4.9	8.2	DoHS	
Percent of first post natal visits (as % of expected pregnancy)		4.5	17.8	DoHS	
Family planning		1999	2004	Source	
Contraceptive prevalence rate (CPR)	%	26.0	42.8	DoHS	
Couple years of protection (CYP) as % of MWRA		25.6	34.0	DoHS	
Morbidity		1999	2004	Source	
Case finding rate of tuberculosis	%	NA	65	DoHS	
Malaria incidence	Per 1,000 population	7.25	1.68	DoHS	
Kala-azar incidence	Per 100,000 risk population	0.00	0.00	DoHS	
Leprosy prevalence rate	Per 1,000 population	2.50	0.44	DoHS	
Top five most common diseases		%	1999	2004	Source
ARI			4.49	7.38	DoHS
Skin disease			5.77	6.64	DoHS
Diarrhoeal diseases			3.89	5.64	DoHS
Intestinal worms			3.32	4.07	DoHS
Sore eye & eye complaints			1.28	2.63	DoHS

Sindhupalchok District Profile

Mortality	1999	2004	Source
ARI - case fatality rate	0.3	0.4	<i>DoHS</i>
Diarrhoea - case fatality rate	0.0	0.7	<i>DoHS</i>
Hospital services		2004	Source
Number of hospitals reporting		1	<i>DoHS</i>
Number of hospital beds sanctioned		15	<i>DoHS</i>
Number of beds available		15	<i>DoHS</i>
Number of inpatients		927	<i>DoHS</i>
Bed occupancy rate (%)		76	<i>DoHS</i>
Number of deliveries (normal)		100	<i>DoHS</i>
Number of deliveries (complicated)		2	<i>DoHS</i>
Number of live births		102	<i>DoHS</i>
Number of still births		1	<i>DoHS</i>
Number of low weight babies (LWB)		12	<i>DoHS</i>
Number of maternal deaths		NA	<i>DoHS</i>
Number of neonatal deaths		NA	<i>DoHS</i>
Number of deaths		13	<i>DoHS</i>
Disasters effects for the past 32 years		1971-2001	Source
Deaths		635	<i>NSET</i>
Injury		782	<i>NSET</i>
Affected families		95,514	<i>NSET</i>
Total loss at present value	Rs in million	1,935.5	<i>NSET</i>